Quiz Grade: 88.9% (A)

Quiz Submission

Trauma-Informed Care and Interventions

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Total Questions:	9

Course Information

Course Title:	Trauma-Informed Care and Interventions
Course Code:	SCTCA 481
Credit Hours:	3

Quiz Questions, Student Answers, and Correct Answers

Question 1 of 9

Multiple Choice Question

What is the primary goal of trauma-informed care?

Available Options:

(A) To treat physical injuries

(B) To understand and address the impact of trauma ← STUDENT SELECTED ← CORRECT ANSWER

(C) To provide medication management

(D) To limit patient interactions

Student's Answer: Option B: To understand and address the impact of trauma

Correct Answer: Option B: To understand and address the impact of trauma

Question 2 of 9

Multiple Choice Question

Which of the following principles is NOT a core component of trauma-informed care?

Available Options:

(A) Safety

(B) Trustworthiness

(C) Empowerment

(D) Isolation ← STUDENT SELECTED ← CORRECT ANSWER

Student's Answer: Option D: Isolation

Correct Answer: Option D: Isolation

Question 3 of 9

Multiple Choice Question

In trauma-informed care, which strategy is essential for engaging patients effectively?

Available Options:

(A) Using authoritative language

(B) Validating their experiences ← STUDENT SELECTED ← CORRECT ANSWER

(C) Minimizing patient interactions

(D) Offering quick solutions

Student's Answer: Option B: Validating their experiences

Correct Answer: Option B: Validating their experiences

Question 4 of 9

Multiple Choice Question

What does the acronym 'PEACE' often stand for in trauma-informed interventions?

Available Options:

(A) Participation, Empathy, Accountability, Compassion, Equity ← CORRECT ANSWER

(B) Persistence, Education, Assessment, Compassion, Empathy

(C) Prevention, Empowerment, Advocacy, Care, Evaluation

(D) Protection, Engagement, Assessment, Care, Empathy ← **STUDENT SELECTED**

Student's Answer: Option D: Protection, Engagement, Assessment, Care, Empathy

Correct Answer: Option A: Participation, Empathy, Accountability, Compassion, Equity

Question 5 of 9

Multiple Choice Question

Which population is particularly vulnerable and often requires trauma-informed care?

Available Options:

(A) Elderly individuals

(B) Individuals with chronic illness

(C) Survivors of domestic violence

(D) All of the above ← STUDENT SELECTED ← CORRECT ANSWER

Student's Answer: Option D: All of the above

Correct Answer: Option D: All of the above

Question 6 of 9

Multiple Choice Question

What is an important aspect of creating a safe environment in trauma-informed care?

Available Options:

(A) Designed for aesthetics

(B) Maintaining confidentiality ← STUDENT SELECTED ← CORRECT ANSWER

(C) Enforcing strict rules

(D) Promoting competition

Student's Answer: Option B: Maintaining confidentiality

Correct Answer: Option B: Maintaining confidentiality

Question 7 of 9

Text Answer Question

Discuss how trauma can affect a person's behavior in a care setting.

Student's Answer:

Trauma alters a person's neurological, biological and psychological responses, which can manifest in diverse and challenging behaviours within a medical, psychiatric or residential care setting. Staff often encounter these actions as survival or protective mechanisms rather than uncooperative conduct.

Correct Answer:

Trauma can lead to heightened anxiety, distrust, and withdrawal. Patients may react defensively to perceived threats, struggle with emotional regulation, and exhibit avoidance behaviors.

Question 8 of 9

Text Answer Question

Explain the importance of cultural competence in trauma-informed care.

Student's Answer:

Cultural competence is essential in trauma-informed care because culture deeply shapes how people experience, express and heal from traumatic events. Without cultural awareness, standard care can misread distress, alienate survivors or cause re-traumatisation.

Correct Answer:

Cultural competence is essential because it allows caregivers to understand and respect diverse backgrounds, which can inform appropriate and sensitive responses to trauma experiences and enhance trust between provider and patient.

Question 9 of 9

Text Answer Question

What role does self-care play for providers in a trauma-informed care framework?

Student's Answer:

Self-care is a foundational, ethical requirement for providers in a trauma-informed care framework rather than an optional luxury. Because trauma-informed care relies on safety, trust and empathetic attunement, a provider's wellbeing directly dictates the quality and safety of the care they provide.

Correct Answer:

Self-care is crucial for providers to prevent burnout and compassion fatigue, ensuring they can offer empathetic and effective care while maintaining their own mental and emotional well-being.

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