

Quiz Grade: 100.0% (A)

Quiz Submission

Seminar Personal Development I The Divine Matrix D

Student Name: Kerriann Campbell Matherson
Student ID: UD96320PS105542
Study Program: Psychology
Quiz ID: 77c29494-8c4c-48fc-bc10-d6052907524d
Submission Date: September 02, 2026 at 4:19 PM
Total Questions: 10

Course Information

Course Title: Seminar Personal Development I The Divine Matrix D
Course Code: SPE 677
Credit Hours:

Quiz Questions, Student Answers, and Correct Answers

Question 1 of 10

Multiple Choice Question

What is the primary focus of personal development according to the principles of 'The Divine Matrix'?

Available Options:

- (A) Self-awareness ← STUDENT SELECTED ← CORRECT ANSWER
- (B) Community building
- (C) Career advancement
- (D) Financial success

Student's Answer: Option A: Self-awareness

Correct Answer: Option A: Self-awareness

Question 2 of 10

Multiple Choice Question

Which of the following concepts is central to the idea of interconnectedness in personal development?

Available Options:

- (A) Isolation
- (B) Spirituality ← STUDENT SELECTED ← CORRECT ANSWER
- (C) Materialism
- (D) Competition

Student's Answer: Option B: Spirituality

Correct Answer: Option B: Spirituality

Question 3 of 10

Multiple Choice Question

In the context of 'The Divine Matrix', which of these practices is emphasized for self-discovery?

Available Options:

(A) Networking

(B) Mindfulness meditation ← STUDENT SELECTED ← CORRECT ANSWER

(C) Journaling

(D) Public speaking

Student's Answer: Option B: Mindfulness meditation

Correct Answer: Option B: Mindfulness meditation

Question 4 of 10

Multiple Choice Question

What role does intention play in personal development according to this seminar?

Available Options:

(A) It is irrelevant

(B) It creates a framework for action ← STUDENT SELECTED ← CORRECT ANSWER

(C) It distracts from true goals

(D) It limits potential

Student's Answer: Option B: It creates a framework for action

Correct Answer: Option B: It creates a framework for action

Question 5 of 10

Multiple Choice Question

How can understanding the concept of 'The Divine Matrix' enhance one's personal growth?

Available Options:

(A) By emphasizing individual isolation

(B) By providing a framework for community engagement ← STUDENT SELECTED ← CORRECT ANSWER

(C) By encouraging materialistic pursuits

(D) By promoting unhealthy competition

Student's Answer: Option B: By providing a framework for community engagement

Correct Answer: Option B: By providing a framework for community engagement

Question 6 of 10

Multiple Choice Question

Which technique is often suggested to align one's personal goals with the principles of 'The Divine Matrix'?

Available Options:

(A) Goal visualization ← STUDENT SELECTED ← CORRECT ANSWER

(B) Aggressive market planning

(C) Competing against others

(D) Avoiding risks

Student's Answer: Option A: Goal visualization

Correct Answer: Option A: Goal visualization

Question 7 of 10

Multiple Choice Question

According to the seminar, how does emotional intelligence contribute to personal development?

Available Options:

(A) It hinders decision-making

(B) It fosters better relations and self-awareness ← STUDENT SELECTED ← CORRECT ANSWER

(C) It is only important in professional settings

(D) It is a temporary trend

Student's Answer: Option B: It fosters better relations and self-awareness

Correct Answer: Option B: It fosters better relations and self-awareness

Question 8 of 10

Multiple Choice Question

What is one key outcome expected from applying the teachings of 'The Divine Matrix'?

Available Options:

(A) Increased anxiety

(B) Greater sense of purpose ← STUDENT SELECTED ← CORRECT ANSWER

(C) Diminished creativity

(D) Isolation from others

Student's Answer: Option B: Greater sense of purpose

Correct Answer: Option B: Greater sense of purpose

Question 9 of 10

Text Answer Question

Describe how the interconnectedness of individuals influences personal growth. Provide specific examples.

Student's Answer:

The interconnectedness of individuals influences personal growth through relationships, shared experiences, support, and feedback. For example, a mentor can provide guidance that strengthens professional skills, while supportive family members can build confidence and resilience. Similarly, working with diverse colleagues exposes individuals to new perspectives, improving communication, empathy, and problem-solving. Thus, personal growth is shaped not only by individual experiences but also by meaningful connections with others.

Correct Answer:

Interconnectedness fosters collaboration, offering support and resources. For example, networking can lead to mentorship, enhancing skills through shared experiences.

Question 10 of 10

Text Answer Question

Explain the significance of setting intentions in the framework of 'The Divine Matrix' and how this can impact one's personal journey.

Student's Answer:

Setting intentions in The Divine Matrix encourages individuals to consciously focus their thoughts, beliefs, and desires on what they wish to achieve. This can provide clarity, strengthen motivation, and guide daily choices. For example, intending to develop resilience can influence how one responds to challenges, making the personal journey more purposeful and growth-oriented.

Correct Answer:

Setting intentions helps to focus energy and resources toward desired outcomes, creating a sense of direction and motivation in personal development.

This quiz was generated using based on course content.

Generated on September 02, 2026 at 4:19 PM