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**Introduction**

The school has a school counselor. School counselors are trained to support youth academically, socially, and emotionally within the K-12 environment. School counselors provide short-term, individual counseling services to students who may have issues that are impacting their academic environment. Students are usually referred to school advisors by teachers, administrators, parents/guardians, or can be referred by the students themselves. There is usually a process for meeting a school counselor, but this varies by school.  
School counselors may also provide small group counseling services to students. Topics of group counseling services that may be offered to students include social skills, coping with the loss of a loved one, career planning, and building relationships with peers. These are common types of groups that school counselors can help with. However, school counselors typically conduct needs assessments to determine the types of groups and other services students need to help them succeed in the academic environment. School counselors are trained in programs to provide counseling services to students, which often include training in social and emotional learning. However, they are not clinical consultants and do not make mental health diagnoses. For this reason, many school counselors refer students to alternative mental health providers outside the academic setting if they need additional mental health services. School counselors also consult and work with teachers, staff, administrators, and parents/guardians. Through collaboration, other adults brainstorm and best meet the needs of students in an academic setting. It often helps to find a solution for School counselors often consult with other adults who work with students to ensure that all staff within the school are providing resources that are focused on the actual needs of students.  
School Counselors are well equipped to provide social, emotional, professional, and academic support to students. A school counselor completes a master's degree in the school's counseling specialization, which focuses on counseling within a K-12 environment. The Master's program has certain core classes attended by a school counselor, including B. Counseling Theory, Techniques, Career Counseling, and Introduction to School Counseling, Program Management in Schools, Ethics, and many other courses that support the ability of school counselors to meet the needs of their students.

According to the Council for Accreditation of Counseling and Related Education Programs (CACREP) 1, school counseling programs must include at least 48 credit hours. In the MSc in School Counseling, counselors take core classes, but also must complete an internship and an internship at a K-12 school. During internships and internships, they work hands-on with students under the supervision of a licensed school counselor. Once a school counselor completes her master's degree, she must apply for a license from the state's Department of Education to prove that she meets the requirements to become a school counselor.

**Body of Assignment**

## The Roles of School Counselors in Elementary, Middle, and High Schools

The school counselor's role varies by institution and district, depending on the needs of the student. However, the school counselor's fundamental role is to ensure that students receive the academic, social, and emotional support they need to succeed in the academic environment. Below are the tasks for beginner, intermediate, and advanced level counselors.  
**Elementary School Counseling**  
Elementary School Counseling supports students in their academic, social and emotional development by working with teachers, staff, parents, and administrators to support students.

Elementary school counselors typically provide the following services:  
• Short-Term One-to-One Counseling  
• Career Exploration  
• Small Group Counseling  
• Educational Counseling on Specific Issues  
• Counseling with Teachers, Staff, Administrators , and Parents  
• Working with Other Stakeholders to  serve and make resources available for the success of

**Middle School Counselors**  
middle school counselors are stationed in the building to help students grow academically, socially, and emotionally. As students enter this pre-adolescent stage, school counselors strive to ensure that teachers, staff, parents , and administrators work together to provide appropriate support to students.  
In middle school, school counselors often provide:  
• Short-Term Individual Counseling  
• Peer Mediation  
• Career Exploration  
• Small Group Counseling Focused on Middle School Concerns  
• Educational Counseling on Specific Issues Related to Student Needs  
• Lesson  
• Teachers, Staff, and Administration  
• Work with other stakeholders to ensure that services are provided and resources are available to enable students to succeed.

**High School Counseling**  
High School Counseling is located in the building and focuses on helping students grow academically, socially and emotionally, as well as preparing them for college and careers. As students reach the high school level, school counselors empower students to collaborate, counsel, and advocate within the educational environment. In addition, many high school counselors advise and collaborate on many academic matters, including scheduling appointments, helping students with disabilities, and helping students plan for the future.  
School chaplains often provide the following services:  
• Short-Term Individual Counseling  
• College and Career Preparation  
• Small Group Counseling  
• Tutoring Counseling for Specific High School Issues  
• Course Planning to Prepare Students for College or and/Career Opportunities  
• Teachers, Counseling with Staff, Administrators, and Parents/Guardians  
• Collaborate with other stakeholders to ensure services are delivered and resources are available for student success.

## Techniques Used by School Counselors

## School counselors use a variety of techniques to support students in academic settings. Some of the techniques used are outlined below. Individual Counseling School counselors provide students with individual counseling sessions to help them deal with personal and/or school issues that may be preventing them from succeeding in the school environment. Often School counselors do not provide mental health diagnoses and therefore do not treat long-term mental health problems. To help find solutions to potential problems. Techniques may vary depending on the child's developmental level. Techniques used in one-on-one counseling in school settings include, but are not limited to, play therapy, cognitive-behavioral therapy, and solution-focused therapy. Small Group Counseling Students today face unique challenges that affect their academic performance. For these needs, a small group may be a service provided by a school counselor to reach out to one or more of her students at a time. Small group counseling by school counselors is usually focused on specific groups of students based on their needs. Small groups should be more supportive or psych educational so that students have resources appropriate to their needs. Small groups at schools are based on the needs of the number of students in the building. Therefore, school counselors often conduct needs assessments with teachers, staff, administrators, students, and parents/guardians to gather information about which groups will benefit students. Counseling Classes School Counseling Classes are conducted by school counselors at all levels of elementary, middle, and high school. Counseling classes usually take place in a classroom where school counselors come and give presentations on specific topics based on the needs of the students

**Conclusion**

In our increasingly global and diverse world, counselors need to develop an ability to work with students whose backgrounds and experiences are different from their own. Cross-cultural knowledge and skills are a must for counselors who work with culturally different students and their Counseling Strategies and Techniques Sensitize School Counselors to the Life Experiences of Culturally Different Student’s families. Counselors must sharpen their skills in how to listen, how to value different cultural norms, and how to question their own culturally conditioned values (Diller & Moule, 2005).

School counseling responsibilities and resources may vary from district to district and from level to level. However, the primary purpose of helping students succeed is an important factor. The information below is intended to show you how School Counselors can support your child when they need support at each level of education.  
Elementary School Counselor Supporting Students  
In today's society, children from kindergarten through fifth-grade experience a variety of challenges in school that can affect them socially, emotionally, and academically. I'm here. Situations that elementary school students may face include conflicts with peers, adjustment to the school environment, academic challenges, test anxiety, and various external factors that can interfere with learning in an academic environment. It is included.  
In response to these various challenges, school counselors can offer a variety of services to support elementary school students. Services described include individual counseling, group counseling, counseling, and counseling classes. However, parents/guardians should talk to their children about what to expect when visiting the school advisor.  
Parents/guardians should also be aware that school counselors must adhere to the ethical standards of the American Association of School Counselors.2 These policies ensure that school counselors keep information confidential and we encourage you to ensure that the highest level of support is maintained to provide your students. With guidance for your success.

Middle School Counselors Support Students  
Middle School students are typically in a unique situation learning to adapt to the various age-related changes, and sometimes school changes, and external factors that accompany puberty. Some of the changes students experience can affect them socially and emotionally and affect their lives in the school environment. According to the American Association of School Counselors, three school counselors are responsible for providing a comprehensive school counseling program that is both preventive and engaging.  
Middle school counselors often create peer mediation programs, offering counseling sessions specifically focused on the needs of middle school students and assisting students with career planning opportunities to explore potential careers. These are just some of the resources a middle school counselor can provide

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