

**SEDA ÖZLEM ÖZGÖZ**

**UD75475HAR84655**

**Being Messy!**

**The Key To**

**Creativity**

**Ingredients**

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**Being Messy! The Key To Creativity**

**İntroduction**

There is also a lot of clutter in nature, but there are elements of balance in this clutter. A proven sign of creativity, clutter deserves just as much praise as being neat and tidy. We often finish big jobs in these messy states.

Do you think it's a coincidence that people with genius or special abilities are scattered? There is something comfortable about a messy workspace. In fact, he gains the ability to solve his creativity faster in that chaos like a puzzle. Although the brain may seem like a mess from the outside, since it is focused on regulation, it enters the path of mental analysis as a skill. Messy and order are two opposites of turmoil exponentially more producing and making you feel like you are working, a real person full of chaos and activity.

 Perhaps the confusion of these scattered people stems from their commitment to a project; A person may not have time to clear their space due to thoughts or a busy schedule. Also, confusion often occurs when one is deeply immersed in one's work; on the verge of great awareness, papers tend to scatter everywhere.

Clean just gives a feeling of clean and comfort, but it's instantaneous. How can you work and have fun here when you keep everything so neat and tidy? The Psychology of Clutter and Creativity Contrary to popular belief, the psychology of the messy human contains an important creativity. Studies have shown that clutter is proportional to creativity. It shows that scattered people are not lazy, but their brains work differently and more productively based on solutions.

**Definition of Design**

“Design is to produce form in order” Louis I. Kahn

It enables to produce a form in a mixed order and creativity in this order.

If I had to give an example from myself; When I was painting oil paintings, at first I tried not to scatter the workshop. While there is reflection of light and shadow on the canvas that I need to see, talent is lost there in the confusion of tidying up the clutter. Kazmierczak , E., (2003)

I lose my enthusiasm and I stop painting. Then I started to work in a messy way, even if my hands sank, instead of cleaning the brush, I mixed the paint with my fingers and wiped my fingers instead of the thinner cloth that I tucked into my pocket. This motivated me more and made me feel more eager. I could paint more enjoyable and productively.

It is not the clutter in the current environment that we should focus on, but the clutter in our thoughts and feelings. Conklin, J. (2001).

Ordinary unproductive people try to keep their surroundings or their desks tidy by conforming to group norms as it happens. Creative people, on the other hand, write their own rules and place their surroundings and work areas according to the order in their brains.

Although this order, born out of chaos, may seem like a mess for outsiders, it actually allows creative people to think more easily. Because creative people's brains work differently, clutter actually mirrors their minds. Chen, C.C.R., Nivala WC-Yan ve Chen C-B. (2011).

**Being Messy in Design**

In fact, creative people want to see every job or object that is in their mind at that moment. They can combine this clutter in their brains and create creative works. The answer given by Albert Einstein, who is famous for his messiness, to a question on this subject actually exemplifies the event.

Einstein responded to criticism of his work habits by asking: "If a cluttered desk is a sign of a cluttered mind, then what should we think of an empty desk?" He summarized this psychological finding years ago.

Mark Twain also had a messy desk, "perhaps even more messy than Albert Einstein's." It is always thought that the messiness feature has a relationship with creativity.

A messy workshop, desk, room or studio can truly be a sign of genius at work.

The emotional, social, and economic costs of initial failure can be serious. Its clutter shows how the environment of failure will take shape and how to prepare for success.

Tom Eisenmann, professor at Harvard Business School. He has taught courses on launching and scaling tech ventures, entrepreneurial sales and marketing, and entrepreneurial failure. Bjögvinsson E., Ehn P. and Hillgren P. (2012).

**Design Processes**

Some people drown in over-planning, preferring to plan all activities months in advance, while others plan each day as it is. Some see daily plans as tiring and prefer looser monthly plans.

Who can interpret how clutter is bad. Most of the time, cleanliness is associated with a certain order or quality of life. No one encourages another to be "more messy" or "less organized".

Often, when a person is messy, they are encouraged to "tidy up" or "put things in their place". So why do we feel embarrassed or pressured to apologize for not being incredibly clean and tidy?

While a cluttered room or workspace may not look as aesthetically pleasing as a clean room, that doesn't mean it can't work as well or better, perhaps not focusing on the moment when it's at its peak.

According to a report on an article from Monitor on Psychology, "while neatness appears to be associated with making socially responsible decisions, clutter appears to lead to higher levels of creative and innovative thinking."

 The idea that clutter actually fosters creativity has often been taken as a crutch used by messy people to explain their clutter, but actually this is a concrete observation backed up by research. The chaos and confusion in a mess often leads to seeing things in a way they might not be able to see in a more organized environment.

Clutter may seem lazy to a person who lives in a constant mess, but maybe it's the opposite. Still, Tim Harford, a British economist, explains that when a person finishes their work, they immediately feel the need to clear their space. Kolko, J. (2010).

They've done their best work in the middle of a mess, so why do they finally feel the need to clean up? Finally, life isn't smooth and a messy person might just embrace it instead of trying to tame it. A clean and orderly person will often try to reign in chaos by ordering, while a messy person will actually accept disaster, clutter and disorder that can lead to a less stressful life. Hobday M., Boddington A. and Grantham A. (2012).

**The effect of clutter on creativity in child development**

The child who messes up the house plays games in his own fantasy world in a comfortable environment and develops his creativity. There is a linear relationship between clutter and children's creativity.

Scholastic News recently published an article explaining that parents should let their kids embrace clutter as it allows them to view life as "unstructured."

Children create their own order even in mess, develop their creativity

When parents put pressure on their children to be organized, it actually makes them lose awareness of the mess, apart from being organized individuals. In other words, if we think of it like a puzzle, what is the meaning of that order after first mixing it up and then collecting it? In fact, creativity is hindered.

**Conclusion**

Every event experienced in the house is actually a brief summary of personal development and life. The child, who learns how to organize his clutter, first learns to plan and organize with order. In short, he cannot learn to add without scattering. For this reason, we should not see clutter as a negative attitude or situation, and focus on developing and even encouraging healthy approaches that are suitable for the child's needs and desire to explore the environment.

Clutter teaches children to make mistakes. It then encourages order building and “creative effort, whatever the outcome.”

Although society in general feels the need to move away from chaos, we should start to see and embrace the positive side with an alternative approach. Clothes scattered on the floor, papers cluttering the table, and an unmade bed can indicate an incredibly productive person.

 While a space may seem incredibly messy to a person, it's important to see what the user's feeling means in terms of operating principle. Instead of constantly forcing a messy friend or family member to check or suggest their moves, try to embrace their mess, and perhaps your own mess. Change your perspective or interpretation

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