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Questions/Answers

Q 1) I hereby affirm that I have viewed the class "Introduction to Public Health Management" in its entirety. I have already or will shortly complete 1 to 2 hours of self study, research, reading, reflection and/or application of the concepts/skills presented using the AIU online library or other mediums.

A 1) Yes

Q 2) Provide a short summary of the concepts or topics you learned about today" (minimum 300 characters)

A 2) Public health management focuses on the organization, coordination, and execution of health initiatives to improve population health outcomes. It integrates principles from epidemiology, health economics, policy, and leadership to ensure effective health interventions. Key components include: 1. Health systems management 2. Epidemiological surveillance 3. Health promotion and disease prevention 4. Policy development and implementation 5. Data-driven decision making 6. Emergency preparedness and response

Q 3) What is the most important concept(s) that you gained for today's Live Class? (minimum 300 characters)

A 3) The most important concepts gained from live class are 1. Health systems strengthening: Efficiently managing resources, infrastructure, and workforce to deliver accessible healthcare. 2. Epidemiology and Surveillance: Monitoring disease patterns to inform prevention and intervention strategies. 3. Health policy and governance: Developing regulations that promote equitable access and improved health outcomes. 4. Disease prevention and health promotion: Crafting strategies to reduce risk factors and empower communities 5. Biostatistics and Analytics: Using quantitative analysis to evaluate programs and drive evidence-based decisions 6. Emergency preparedness and crisis response: Coordinating efforts to mitigate the impact of health emergencies, including conflicts and pandemics.

Q 4) How would you apply what you learn today to improve your life of work? (minimum 300 characters)

A 4) Applying public health promotion concepts to improve my life at work can lead to healthier, more productive environments. Here's how you can integrate these principles: 1. Data-driven health strategies: Leverage biostatistics to analyze workplace health trends, identify risk factors, and implement targeted wellness programs. 2. Preventative health measures: Encourage screenings, vaccinations, and ergonomics adjustments to reduce occupational health risk 3. Mental health and well-being: Foster a supportive environment by addressing psychological stressors, offering counselling resources, and promoting work-life balance.

Q 5) Independent Research: AIU Live Classes are a starting point for further learning beyond the class. Search similar content either online or in the AIU online library and review it then share the name or link here. If its from AIU Library copy the Source or ISSN, [show me how?](#) (can be a video, academic publication, web site, lecture or book) (minimum 10 characters)

A 5) ISBN: 1080-6040