

ASSIGNMENT TITLE

WHAT DO YOU THINK ABOUT DISCRIMINATION?

WHY DOES IT EXIST?

HOW CAN THE WORLD OVER COME IT?

Programme

PHD OF EDUCATION

By

Esther Chioma Nwakwoke

(AIU)

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ESTHER NWAKWOKE CHIOMA

UD77060ED86263

PROGRAMME:- PHD OF EDUCATION

COUSE: -

HUMAN RIGHTS 2:-

**TO NOT BE DISCRIMINATED STUDY MATERIAL
EXPLAINED**

ASSIGNMENT TITLE :-

**WHAT DO YOU THINK ABOUT DESCRINATION? WHY DOES
IT EXIST. HOW CAN THE WORLD OVERCOME IT.**

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Introduction

Discrimination according to Cambridge English Discovery is “the treatment of a person or particular group of people differently, in a way that is worse than the way people are usually treated”.

This occurs when he or she is unable to enjoy his or her human rights or other legal rights on an equal bases with others because of injustice.

Examples of discrimination activities are found in race, disability, gender age, social status, etc.

It is a Canker worm in the society and it is an every day reality.

The world at large are seeking for the root cause of discrimination and how to curb it.

What Is Discrimination:-

According to Anna Frank House, discrimination is treating someone unequally about the characteristics that should not really matter such as faith, skin colour, age, gender etc, in each country people are different. Open democracy should be practised

It is painful to exclude people from a society or to shot people out.

Many of the discriminations are voiced and visible and many are hidden and hard to prove. People should not be discriminated against for employment, for housing, for driving licence. Nobody should be unfairly turned down we are not all the same, but we are all equal.

Discrimination in other words is an act which tends to end the application between people what is and what is not in a particular society. It is not justifiable and gives bias treatment and bias understanding of deferent types of people. Discrimination of people attributes right and wrong for the same situation for deferent sets of people Discrimination is unfair and prejudicious .

Areas Of Discrimination:-

The major areas people discriminate are racial matters, culture matters ideology matters political matters , educational matters social matters, age matters gender matters ethnicity matters health, cultural matters, immigration matters Employment matters, housing matters etc.

The other names for discrimination are:-

Racism

Semitism

Bias

Apartheid

Bigotry

Chauvinism

Inequality

Prejudice etc

Unfairness

All these terms have their roots in dealing with hateful manner in all areas of human causes. All of them recognise the promotion of deferences and understanding of differences and understanding of differences between one thing or another.

Instances Of Discrimination Activities:-

These are demonstrated where there are acts of Anti immigrant policies. violence against minorities.

Anti women gender

Environmental inequality eg slavery.

Non improvement of human dispositions for racial reasons political polarization because of racial factors and disability .

Discrimination is also displayed when a person is unable to enjoy his or her human rights or other legal rights on an equal basis with others because of injustice

Discrimination is caused by human brain naturally pulling things in category to make sense out of the world.

Very young children quickly learn the differences between boys and girls for instance, but the values we place on different categories are the observations we make about how the world works, often discrimination stems from fear and misunderstanding .

Disadvantages Of Discrimination:-

Discrimination has been associated with many maladies and misfortunes.

It is linked to anxiety, depression, obesity, high blood pressure, substance abuse and criminal activities.

Discrimination can be damaging even if you haven't been the target of overt act of bias.

Regardless of personal experiences it can be stressful, just being a member of a group that is often discriminated against such as racial minorities or individuals who identify with them.

People might even avoid situations where they expect they could be treated poorly.

Possibly missing out on educational and job opportunities

How To Stop Discrimination :-

To stop discrimination and to protect people against discrimination activities.

The law prohibits discrimination against the disabled.

If a landlord ejects a disabled from his apartment because other tenants don't want to live and share with the disabled man the landlord has committed an offence against the disabled and is liable to be charged to the court.

The fair Housing Act prohibits discrimination in the sales, rental and financing of dwellings on the basis of race colour, religion gender family and disability.

The civil right act, the discrimination in Employment act, The discrimination against the disabilities act prohibits employment discrimination on basis of race colour, sex, ethnic, origin, age, disability. Unfortunately discrimination still occurs.

According to stress survey result issues related to employment are most commonly reported experience of major discrimination across ethnic

group. Experts have proved that less obvious examples of day to day discrimination receive poorer services at stores or restaurant being treated with less courtesy and respect or being treated as less intelligent or less trustworthy, and there are many of them.

This type of discrimination appears minor but they are as dangerous as major ones. They are called micro aggression, others are snubbing, slighting, misguided comments that suggest that a person does not belong or invalidates his or her experiences. They can be harmful to health, emotions and wellbeing .

Personal Ways To Deal With The Harm Of Discrimination:-

In overcoming the hardship caused by discrimination one has to focus on his/her personal strength in emotions, strength in his/her core values strength in his/her beliefs. He/her has to seek for things that will motivate him/her to success. He/she should seek help support system.

He/she should reframe faulty beliefs and should not internalize faulty beliefs like a witchcraft and soccery, He/she can ask families and friends how they handle such cases, he /she should not doubt his/her

integrity and the support good can provide a reality check to help. He/she should get involved with like minds and help self to think clearly. He/she should not allow anger, sadness, and embarrassment to take over him/her.

Psychologists are experts in helping people discriminated upon, seek their expertise and make use of their advise

Conclusion:-

Discrimination of human against humans is unfair and prejudicious.

If deals with hateful manner in all areas of human causes. All that concerns discrimination recognises promotion of differences and understanding of differences between one thing and another. All those ugly activities happen in matters concerning race, culture, gender, origin, language, educational background, health, immigration employment, ideology etc.

Discrimination is natural but the values we place on different categories are learnt from parents peers, and observations about how the world works. It could also be sowed from fears and misunderstanding.

Discrimination are associated with many bad outcomes like anxiety, abuse of drugs and high blood pressure, so laws are enacted to prohibit against the acts of discrimination especially persons with disability.

Hardship caused by discrimination, one has to personally focus on his/her personal strength, emotions and core values. Also one has to seek expertise, advise and help from specialist such as psychologists and social groups.

Discrimination is an evil act that should be abolished or at least the bad effects should be curbed.

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